

HELLO!

We're Barlean's and we make **premium foods and nutritional supplements** here in the Pacific Northwest. Our family business has grown a lot in 30+ years, but we still do things our way:

- ✓ Source top quality ingredients to deliver maximum benefits
- ✓ Share our profits to help people locally and around the world

SUPPORTS:

HEART HEALTH*

BRAIN FUNCTION*

JOINTS & BONES*

3x Better Absorption

Our special emulsified formula is absorbed better than other plant-based Omega-3 oils or softgels, so you get more of the vegan EPA & DHA you're after.

- ✓ Sustainable source of plant-based Omega-3
- ✓ 420 mg DHA & 210 mg EPA per serving

SWEET TASTE & CREAMY TEXTURE
NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.

Keep out of reach of children and never give to pets.

Refrigerate after opening



SPOON



TOP



BLEND

SHAKE WELL

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

• GINGER PEACH SWIRL •



PLANT BASED
OMEGA-3
FROM ALGAE OIL

VEGAN
EPA/DHA 630mg



**TASTE THE FRUIT,
NOT THE ALGAE.**
DAIRY FREE • SUGAR FREE



Supplement Facts

Serving Size 1 Tbsp (15.9 g)
Servings Per Container 29

	Amount per serving	% DV
Calories	70	
Total Fat	5 g	7%*
Saturated Fat	0.5 g	3%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	3.5 g	†
Total Carbohydrate	5 g	2%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%*
Sugar Alcohol	5 g	†

Omega-3 Polyunsaturated Fat

Docosahexaenoic Acid (DHA)	420 mg	†
Eicosapentaenoic Acid (EPA)	210 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Ingredients: Water, high oleic sunflower oil, xylitol, glycerine, algal oil, natural flavors, gum arabic, citric acid, antioxidant blend (Vitamin E (as α -tocopherol), rosemary extract, ascorbyl palmitate, and green tea extract), xanthan gum, ascorbic acid, vegetable juice (for color), guar gum, sorbic acid.

Learn more about a Pathway to a Better Life:
Barleans.com • 800.445.3529

Barlean's® Ferndale, WA 98248



BARLEANS.COM



NET WT. 16 oz (1 lb) 454 g

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