

HELLO!

• STRAWBERRY BANANA SMOOTHIE •

We're Barlean's and we make **premium foods and nutritional supplements** here in the Pacific Northwest. Our family business has grown a lot in 30+ years, but we still do things our way:

- ✓ Create seriously delicious ways for people to get essential nutrients
- ✓ Source top quality ingredients to deliver maximum benefits
- ✓ Share our profits to help people locally and around the world

SUPPORTS:

**CARDIOVASCULAR
SYSTEM***

SKIN HEALTH*

JOINTS & BONES*

3x Better Absorption

Our special emulsified formula is absorbed better than traditional flax oil or softgels, so you get more of the Omega-3s your body needs.

SWEET TASTE & CREAMY TEXTURE
NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.

Keep out of reach of children and never give to pets.

Refrigerate after opening



SPOON



TOP



BLEND

**SHAKE
WELL**

ESTD 1989
BARLEAN'S

SERIOUSLY DELICIOUS

PLANT BASED

OMEGA-3

FROM FLAX OIL

VEGAN
OMEGA-3 2,968 mg



DIETARY
SUPPLEMENT

**NATURAL
FRUIT
FLAVOR**

**3X BETTER
ABSORPTION**

**TASTE THE FRUIT,
NOT THE FLAX.**

**DAIRY FREE
SUGAR FREE**



NET WT. 16 oz (1 lb) 454 g

Supplement Facts

Serving Size 1 Tbsp (15.9 g)
Servings Per Container 29

	Amount Per Serving	%DV
Calories	70	
Total Fat	5 g	7%*
Polyunsaturated Fat	3.5 g	†
Monounsaturated Fat	1 g	†
Total Carbohydrate	5 g	2%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%*
Sugar Alcohol	4 g	†

Omega-3 Polyunsaturated Fat		
Alpha Linolenic Acid (ALA)	2968 mg	†
Omega-6 Polyunsaturated Fat		
Linoleic Acid (LA)	739 mg	†
Omega-9 Monounsaturated Fat		
Oleic Acid	863 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Ingredients: Flaxseed oil, water, xylitol, glycerine, gum arabic, natural flavors, vegetable juice (for color), citric acid, xanthan gum, guar gum, sorbic acid, ascorbyl palmitate.

Learn more about a Pathway to a Better Life:

Barleans.com • 800.445.3529

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.