

HELLO!

We're Barlean's and we make **premium foods and nutritional supplements** here in the Pacific Northwest. Our family business has grown a lot in 30+ years, but we still do things our way:

- ✓ Create seriously delicious ways for people to get essential nutrients
- ✓ Use only ultra-purified fish oils
- ✓ Share our profits to help people locally and around the world

SUPPORTS:

HEART HEALTH*
BRAIN FUNCTION*
JOINTS & BONES*

3x Better Absorption

Our special emulsified formula is absorbed better than traditional fish oil or softgels, so you get more of the Omega-3s your body needs.

SWEET TASTE & CREAMY TEXTURE
 NO ARTIFICIAL FLAVORS OR COLORS

Suggested Use:

Adults & children ages 4 and up: 1 Tbsp daily. Great straight or in yogurt, oatmeal or smoothies.



SPOON



TOP

Keep out of reach of children and never give to pets.



BLEND

Refrigerate after opening

SHAKE WELL

• LEMON CRÈME •

ESTD 1989
BARLEAN'S

• SERIOUSLY DELICIOUS •

OMEGA-3

FROM FISH OIL

OMEGA-3 EPA/DHA 1,080mg



DIETARY SUPPLEMENT

NATURAL FRUIT FLAVOR

3X BETTER ABSORPTION

TASTE THE FRUIT, NOT THE FISH.

DAIRY FREE SUGAR FREE



Supplement Facts

Serving Size 1 Tbsp (15.9 g)
Servings Per Container 29

	Amount per Serving	% Daily Value
Calories	60	
Total Fat	4 g	5%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	1 g	†
Cholesterol	25 mg	9%
Total Carbohydrate	6 g	2%*
Total Sugars	0 g	†
Includes 0g Added Sugars		0%*
Sugar Alcohol	5 g	†

Omega-3 Polyunsaturated Fat

Eicosapentaenoic Acid (EPA)	660 mg	†
Docosahexaenoic Acid (DHA)	420 mg	†
Other Omega-3 Fatty Acids	270 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Ingredients: Water, fish oil (anchovy, sardine and/or mackerel), xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, antioxidant blend (Vitamin E (as d-alpha tocopherol), rosemary extract, green tea extract, and ascorbyl palmitate), guar gum, turmeric, sorbic acid.

Learn more about a Pathway to a Better Life:
Barleans.com • 800.445.3529

Barlean's® Ferndale, WA 98248

LA-00247-14



7 05875 60004 0

PRODUCT OF U.S.A.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NET WT. 16 oz (1 lb) 454 g

BARLEANS.COM

