

**Suggested Usage:** Take 1 softgel 1 to 2 times daily with food.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.

This fish oil concentrate is molecularly distilled and manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants such as PCBs, dioxins, mercury and other heavy metals. This product utilizes a fish gelatin softgel providing an alternative to bovine and porcine gelatin softgels.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

**Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.**

Natural color variation may occur in this product.

EUA # 1482865

CODE 1665 V4



SOFTGEL SIZE



# Ultra Omega-3 Fish Oil

Cardiovascular Support\*

- 500 EPA / 250 DHA
- Supports Brain Health\*

180 Fish Softgels

A Dietary Supplement



Omega-3/Fish Oils

Family owned since 1968.

## Supplement Facts

Serving Size 1 Fish Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%**
Saturated Fat	< 0.5 g	< 1%**
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	< 0.5 g	†
Fish Oil Concentrate	1 g (1,000 mg)	†
Omega-3 Fatty Acids:		
Eicosapentaenoic Acid (EPA)	500 mg	†
Docosahexaenoic Acid (DHA)	250 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (fish gelatin, glycerin, water), Lemon Oil and d-alpha Tocopherol (from sunflower).

Contains fish oil (anchovies, sardines) and fish gelatin (tilapia, basa).

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Packaged and quality tested in the USA.

Fish oil is product of Peru, Morocco, Mauritania, South Africa.

Store in a cool, dry place after opening.

