Suggested Usage: Take 2 capsules daily between meals.

Norepinephrine and dopamine are key neurotransmitters for the maintenance of alertness and mental acuity and for promoting a feeling of general well-being.* These two neurotransmitters are produced in the body from the amino acid precursors L-tyrosine and L-phenylalanine.* This conversion process also requires vitamins C and B-6 as cofactors.* NOW® True Focus™ combines these important nutrients with other ingredients like *Ginkgo biloba* and DMAE to complement this formula.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Phenylketonurics (PKU): This product contains L-phenylalanine. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CAPSULE SIZE

CODE 0157 V11

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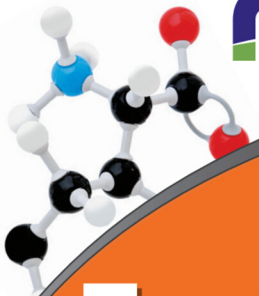

NOW®

True Focus™

Neurotransmitter Support*

- Amino Acids, Ginkgo and DMAE
- Plus CoQ10 and Grape Seed Extract

Non-GMO

90 Veg Capsules

A Dietary Supplement

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Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin C (from Potassium Ascorbate)	36 mg	40%
Vitamin B-6 (from Pyridoxine HCl)	12 mg	706%
L-Tyrosine (Free-Form)	800 mg	†
L-Phenylalanine (Free-Form)	300 mg	†
Taurine (Free-Form)	100 mg	†
Grape Seed Extract (*Vitis vinifera*) (Standardized for Polyphenols)	80 mg	†
DMAE (from Dimethylaminoethanol Bitartrate)	60 mg	†
Ginkgo Extract (*Ginkgo biloba*) (Leaf) (50:1 Standardized Extract, min. 24% Ginkgoflavonglycosides and 6% Terpene Lactones)	40 mg	†
CoQ10 (Coenzyme Q10) (Ubiquinone)	10 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.