

**Suggested Usage:** Take 1 softgel 2 to 4 times daily with food.

Curcumin is the major bioactive component found in the roots of turmeric (*Curcuma longa*), a plant belonging to the ginger family. Turmeric has been used as a coloring and flavoring agent in South Asian cuisines for centuries, and it has also been recommended by traditional Ayurvedic herbalists for thousands of years. Curcumin has been extensively researched by modern scientists for its various biological activities.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, have a medical condition, or have any history of liver, gall bladder, or gastrointestinal problems. Keep out of reach of children.

Natural color variation may occur in this product.

SFTGEL SIZE

CODE 4939 V5



# Turmeric Curcumin Gels

Herbal Supplement

- Standardized Extract
- 95% Curcuminoids
- Softgels for Improved Solubility



120 Softgels

A Dietary Supplement



Botanicals/Herbs

Family owned since 1968.

## Supplement Facts

Serving Size 1 Softgel

### Amount Per Serving

Turmeric Root Extract ( <i>Curcuma longa</i> )	475 mg*
[Standardized to min. 95% Curcuminoids (450 mg) (including Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)]	

\* Daily Value not established.

Other ingredients: Sunflower Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, sorbitol, caramel color], Beeswax and Rosemary Extract (Leaf).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

