

SUGGESTED USAGE: As a dietary supplement, take 3 capsules daily in divided doses (take 1 capsule during the daytime, preferably in mid-afternoon and take 2 capsules one hour before sleep), or as directed by your healthcare practitioner.

HOW IT WORKS: Magnesium (Mg) is known to play a major role in cellular metabolism and is critical for normal nervous system function.* Recent research has demonstrated that Mg also helps to regulate neuronal synapse density and that availability of Mg in the brain is necessary for the stability and adaptability of these neuronal connections.* ProtoSorb™ Magnesium features Magtein™ (Magnesium L-Threonate), a patented form of Mg that crosses the blood-brain barrier and is readily utilized in the brain.* Preclinical studies indicate that Magtein™ may support healthy cognitive function, learning, and memory, and may promote a relaxed mood.*

CAUTIONS/INTERACTIONS: May cause drowsiness. Magnesium may interact with some antibiotics, diuretics, bisphosphonates, and muscle relaxants. In addition, many medications can affect magnesium absorption and excretion. If you are taking any medications, or if you are pregnant/nursing, consult your healthcare practitioner before using this product. For more information on this product go to www.protocolforlife.com/P2390

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P2390
V1



PROTOCOL
FOR LIFE BALANCE®

ProtoSorb™ Magnesium

Magtein™ Magnesium L-Threonate

- Delivers Magnesium to the Nervous System*
- Promotes Healthy Cognitive Function*

90 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 3 Veg Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Magnesium (from Magtein™ Magnesium L-Threonate)	144 mg	36%
Magtein™	2 g (2,000 mg)	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Magnesium Stearate (vegetable source) and Silica.

Manufactured by Protocol For Life Balance®
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Magtein™ is a trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc.

Magtein™ is protected under US patents 8,178,118; 8,142,803; 8,163,301; and other pending patents.

Store in a cool, dry place after opening. Please Recycle.