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CODE
P1720

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SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily, preferably with food. For intensive use, take 6 or more softgels daily under the supervision of your healthcare practitioner.

HOW IT WORKS: Borage oil is a rich source of GLA (*gamma*-linolenic acid). GLA is a fatty acid that supports a healthy inflammatory response.* GLA has been shown to be important for lung, joint, and eye health.* Although the body can manufacture GLA from dietary linoleic acid, it can be more efficiently utilized for body functions when supplied directly by dietary sources. Protocol for Life Balance™ Borage/GLA is hexane free.

CAUTIONS/INTERACTIONS: GLA supplements should not be used if you have a seizure disorder. GLA may interact with phenothiazine medications (such as chlorpromazine, fluphenazine, perphenazine, promazine, and thioridazine). Borage seed oil, and possibly other sources of GLA, should not be used during pregnancy. GLA may interact with other medications, including doxorubicin, cisplatin, carboplatin, idarubicin, mitoxantrone, tamoxifen, vincristine, vinblastine, ceftazidime, and cyclosporine. For more information on this product go to www.protocolforlife.com/P1720.

Caution: If you are pregnant/lactating, taking any medications, or planning any medical procedure, please consult your healthcare practitioner before using. Keep out of reach of children.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL
FOR LIFE BALANCE®

Borage/GLA

1000 mg

- Rich in Omega-6 Fatty Acids
- 240 mg of GLA

60 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	†
Polyunsaturated Fat	0.5 g	†
Borage Oil (<i>Borago officinalis</i>) (Seed)	1.0 g (1,000 mg)	†
Gamma Linolenic Acid (GLA)	240 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water).

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431, U.S.A.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Each softgel may typically provide the following naturally occurring Omega-6 fatty acid:

Linoleic Acid . . . 380 mg

This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat Packet. Store in a cool, dry place. Please Recycle.