

GNC
milestones®

kids

Gummy DHA
For Kids 2-12

Dietary Supplement

Omega-3s + Nutrients
Important for Overall
Health*



Raspberry Lemon Natural Flavors

Gluten Free

120 GUMMIES
60-DAY SUPPLY



CODE 571108

DIRECTIONS: As a dietary supplement, children ages 2-3 years, take one (1) gummy per day. Children ages 4 and up, take two (2) gummies per day. Chew thoroughly before swallowing.

Supplement Facts

Serving Size	One Gummy	Two Gummies
Servings Per Container	120	60
Amount Per Serving	% Daily Value for Children 2-3 Years of Age	% Daily Value for Children 4 Years of Age and Up
Calories	10	20
Total Fat	0.1 g <1%†	0.2 g <1%†
Total Carbohydrate	2 g 1%‡	4 g 1%‡
Total Sugars	2 g *	3 g *
Includes Added Sugars	2 g 8%‡	3 g 6%‡
Vitamin A (as Retinyl Palmitate)	75 mcg RAE 25%	150 mcg RAE 17%
Vitamin C (as Ascorbic Acid)	3 mg 20%	6 mg 7%
Vitamin D (as Cholecalciferol)	2.5 mcg (100 IU) 17%	5 mcg (200 IU) 23%
Vitamin E (as dl-alpha Tocopheryl Acetate)	1 mg 17%	2 mg 13%
Total Omega-3 Fatty Acids	50 mg *	100 mg *
EPA/DHA (from Purified Fish Oil Concentrate)	25 mg *	50 mg *
ALA (from Flaxseed Oil) (Plant Based)	25 mg *	50 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

‡ Percent Daily Values are based on a 1,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Sugar, Glucose Syrup, Water, Gelatin, Less than 2% of: Citric Acid, Colors (Turmeric, Paprika Extract, Radish Concentrate, Caramel Color), Lactic Acid, Natural Flavors.

CONTAINS: Fish (Anchovy, and/or Sardine with Mackerel and/or Herring).

Manufactured in a facility that also produces products that contain milk.

Distributed by: General Nutrition Corporation, Pittsburgh, PA 15222

Product of Spain

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. This product should only be fed to seated, supervised children who are accustomed to chewing solid foods.

Gluten Free, No Eggs, No Soy.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GLUTEN
FREE

- Provides 50 mg EPA/DHA omega-3s per two gummies
- Features nutrients important for eye & brain health*
- Includes vitamin D-3 for healthy teeth & bones*

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Lot / Exp. Date

