

Nature's Wholefood Power Plant

Power Greens

Complete Performance Nutrition

Energy‡ • Recovery‡ • Performance‡

Vitamins & Minerals
Whole Food Nutrients
Probiotics & Superfoods



Natural Berry Flavor

Dietary Supplement • 30 Day Supply • Net wt 10.58 oz (300 g)

Supplement Facts

Serving Size: 1 scoop (10 g)
Servings per container: 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%
Dietary Fiber	4 g	14%
Total Sugars	<1 g	†
Protein	<1 g	1%
Vitamin A (as beta-carotene)	440 mcg RAE	49%
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin E (as d-alpha tocopherol succinate)	10 mg	87%
Thiamin (Vitamin B1) (as thiamin HCl)	1.2 mg	100%
Riboflavin (Vitamin B2)	2 mg	154%
Niacin (as niacinamide)	16 mg NE	100%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	100%
Folate (as folic acid)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	20 mcg	833%
Biotin (Vitamin B7)	200 mcg	667%
Pantothenic acid (as calcium pantothenate)	5 mg	100%
Calcium (as calcium carbonate, dicalcium phosphate, calcium citrate)	120 mg	9%
Phosphorus (as potassium phosphate, dicalcium phosphate)	58 mg	5%
Magnesium (as magnesium glycinate)	20 mg	5%
Zinc (as zinc citrate)	11 mg	100%
Copper (as copper citrate)	0.5 mg	58%
Manganese (as manganese amino acid chelate)	0.5 mg	22%
Sodium (as Himalayan pink salt)	100 mg	4%
Potassium (as potassium phosphate)	125 mg	3%

Digestive Support Blend:

Oat fiber, inulin, apple fiber, ginger (*Zingiber officinale*) (root), Jerusalem artichoke
inulin, apple pectin 2800 mg †

Superfoods Power Blend:

Wheat grass (*Triticum aestivum*) (leaf), spirulina (*Spirulina platensis*) (algae),
organic barley grass (*Hordeum vulgare*) (leaf), beet (*Beta vulgaris*) (root), spinach
(*Spinacea oleracea*) (leaf), chlorella (*Chlorella preneoidosa*) (algae), moringa
(*Moringa oleifera*) (leaf), kale (*Brassica oleracea* var. *acephala*) (leaf), broccoli
(*Brassica oleracea*) (crown), organic alfalfa (*Medicago sativa*) (leaf), grape (*Vitis vinifera*)
(seed), green tea (*Camellia sinensis*) (leaf). 3500 mg †

Adaptogenic Herbal Blend:

Maca (*Lepidium meyanii*) (root), ashwagandha (*Withania somnifera*) (root), turmeric
(*Curcuma longa*) (root), chaga mushroom (*Inonotus obliquus*) (whole), lion's mane
mushroom (*Hericium erinaceus*) (whole), maitake mushroom (*Grifola frondosa*) (whole),
turkey tail mushroom (*Trametes versicolor*) (whole), cordyceps mushroom (*Ophiocordyceps sinensis*)
(whole), reishi mushroom (*Ganoderma lucidum*) (whole), shiitake mushroom (*Lentinula edodes*)
(whole), grape seed extract (*Vitis vinifera*), Amla (Indian gooseberry) (*Phyllanthus emblica*)
(fruit), rhodiola rosea root extract, eleuthero (*Eleutherococcus senticosus*) (root), rosemary
(*Rosmarinus officinalis*) (leaf). 250 mg †

Antioxidant Immunity Blend:

Carrot (*Daucus carota*) (root), apple (*Malus pumila* mill.) (fruit), acerola (*Malpighia
emarginata*) (fruit), hawthorn berry (*Crataegus pinnatifida*) (fruit), goji berry (*Lycium barbarum*)
(fruit), bilberry (*Vaccinium myrtillus*) (fruit), pineapple (*Ananas comosus*) (fruit), Polygonum
cuspidatum extract (Resveratrol), Quercetin dihydrate (*Sophora Japonica*) (bud),
coenzyme Q10, alpha lipoic acid 500 mg †

Probiotic & Enzyme Blend:

Bromelain, papain, amylase, protease, cellulase, lactase,
lipase, Bacillus coagulans, Bacillus subtilis 75 mg †

† Daily value not established.

* Percent values are based on 2,000 calorie diet.

Suggested Use: Mix 1 level
scoop in 8 fl. oz. of water, juice
or add to your favorite shake or
smoothie one or more times
daily. Shake well before use.

- Keep out of reach of children.
- Store in a cool, dry place.
- Protect from heat, light and moisture.
- Do not use if seal is broken.

†These statements have not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure or prevent any disease.

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Distributed by:
Windmill Health Products®
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windmillvitamins.com



Other Ingredients: Citric Acid, Natural Flavors, Silica, and
Organic Rebudioside A (stevia leaf).

Contains: Wheat.