

TRUSTED SINCE 1972

WINDMILL
NATURAL VITAMINS®

DIRECTIONS: Take 1 tablet daily with food as a dietary supplement or as directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
Protect from heat, light & moisture.
Store in a cool, dry place.
Do not purchase if seal is broken.

MADE IN THE U.S.A. FROM GLOBALLY SOURCED INGREDIENTS.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more info, visit us at www.windmillvitamins.com

ITEM: 226

MULTI VITAMIN

Whole Food Sourced

Pharmacist Recommended

Non-GMO & Vegan†
Complete Nutritional Support†



60 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	%Daily Value
Vitamin A (as retinyl palmitate and 26% beta-carotene)	860 mcg RAE	96%
Vitamin C (as ascorbic acid)	100 mg	111%
Vitamin D2 (as ergocalciferol)	10 mcg	50%
Vitamin E (as d-alpha-tocopheryl succinate)	20 mg	133%
Vitamin K1 (as phytonadione)	100 mcg	83%
Thiamin (as thiamin HCl)	10 mg	833%
Riboflavin	10 mg	769%
Niacin (as niacinamide)	25 mg NE	156%
Vitamin B6 (as pyridoxine HCl)	10 mg	588%
Folate (as folio acid)	667 mcg DFE	167%
Vitamin B12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	50 mcg	167%
Pantothenic acid (as D-calcium pantothenate)	20 mg	400%
Calcium (as calcium carbonate & calcium citrate)	150 mg	12%
Iodine (from kelp)	75 mcg	50%
Magnesium (as magnesium oxide)	100 mg	24%
Zinc (as zinc citrate)	15 mg	136%
Selenium (as selenomethionine)	25 mcg	45%
Copper (as copper bisglycinate chelate)	0.25 mg	28%
Manganese (as manganese amino acid chelate)	2.5 mg	109%
Chromium (as chromium picolinate)	50 mcg	143%
Molybdenum (as molybdenum amino acid chelate)	25 mcg	56%
Vanadium (as vanadium amino acid chelate)	25 mcg	*
Proprietary Blend:	100 mg	*
Barley Grass, Wheat Grass, Apple, Broccoli, Kale, Spinach, Beet, Carrot, Green Cabbage, Parsley, Blueberry, Raspberry, Strawberry, Tomato		
Probiotic Blend:	100 million CFU	*
<i>Bacillus subtilis</i> , <i>Lactobacillus acidophilus</i> , <i>Lactobacillus plantarum</i> , <i>Lactobacillus casei</i> , <i>Bifidobacterium bifidum</i>		

*Daily value not established.

Other ingredients: Microcrystalline cellulose, film coat [hydroxypropyl cellulose, hypromellose, glycerine, spirulina (color)], stearic acid, croscarmellose sodium, silica and magnesium stearate.

Contains: Wheat.

Distributed by Windmill Health Products®
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