

Suggested Usage: Mix 1/4 level teaspoon of powder into at least 6 oz. of cold water or clear liquid. Take once daily with a meal. This powder can increase the temperature of liquids upon contact; therefore, the recommended serving **MUST** be mixed into at least 6 oz. of cold liquid to neutralize this reaction prior to ingestion.

Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis, and the utilization of many nutrients, such as folic acid and iron.* It is also a highly effective antioxidant that can help maintain healthy tissues by neutralizing free radicals generated during normal metabolism and exposure to environmental stressors.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: This product must be dissolved into at least 6 oz. of cold water or clear liquid before consuming. Do not breathe powder and avoid contact with skin, eyes, and clothing. For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CODE 0756
V9



Buffered Magnesium Ascorbate

Antioxidant Protection*

Vitamin C Powder

NET WT. 8 OZ. (227 g)

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1/4 Level Teaspoon (approx. 1 g)
Servings Per Container about 227

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	820 mg	911%
Magnesium (elemental) (from Magnesium Oxide)	60 mg	14%

Other ingredients: None.

Packaged by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowfoods.com

Packaged and quality tested in the USA.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

