## **Supplement Facts**

CLA/Omega 3-6-9 Blend:

Serving Size 2 softgels	Servings Per Container 45	
	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Saturated Fat	0 g	0%**
Polyunsaturated Fat	1 g	+
Monosaturated Fat	0 g	†
Cholesterol	<5 mg	196
Protein	<1 mg	1%**
Vitamin E (as d-Alpha Toco	pherol) 5 IU	17%

Safflower Oil (Contains Conjugated Linoleic Acid (CLA), Tonalin® CLA), Fish Oil (Contains Eicosapentaenoic Acid (EPA), Docosahexaenoic Acid (DHA)), Flaxseed Oil (Linum usitatissimum)(Contains Alpha Linolenic Acid (ALA), Linoleic Acid (LA)), Evening Primrose Oil (Oenothera binennis)(Contains Linoleic Acid (LA), Gamma Linolenic Acid (GLA)), Borage Oil (Borago officinalis)(Contains Linoleic Acid (LA), Gamma Linolenic Acid (GLA))

2,000 mg (2 g)

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet †Daily Value (DV) not established

Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols

Contains Fish (Anchovy, Sardine, Mackerel) Ingredients Tonalin® CLA is an exclusively licensed trademark of Cognis under U.S. Patents #5 554 646 5 428 072 5 430 066 & 6 015 833

**SUGGESTED USE:** As a dietary supplement, take 2 softgels up to three times daily with meals. To be used as part of a healthy lifestyle with regular physical activity and a proper diet.

WARNING: KEEP OUT OF REACH OF CHILDREN, Do not exceed recommended dose. Not intended for use by persons under 18 years of age. Do not use if pregnant or lactating. If you are under the care of a physician, please consult your physician before using this product. Do not use if tamper resistant seal is broken. STORE IN A COOL DRY PLACE. AVOID EXCESSIVE HEAT.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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