

**Suggested Usage:** Take 1 capsule daily with a meal. Mitochondria are the organelles that produce almost all of the cellular energy the body requires. While present in all cells, organs like the heart and brain are particularly dense with mitochondria due to their high energy demands. Pyrroloquinoline quinone (PQQ) is a B vitamin-like enzyme cofactor that helps to maintain the integrity of mitochondrial structures and promotes the generation of new mitochondria within cells.\* PQQ may thus help to maintain robust cellular energy production, support heart health, and promote normal cognitive function.\* CoQ10 and acetyl-L-carnitine have been included for their critical roles in mitochondrial function and energy production.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication (especially warfarin or acenocoumerol), or have a medical condition. Keep out of reach of children.

CODE  
3168B  
V5



# PQQ Energy

Cognitive Support\*

- Free Radical Scavenger\*
- Supports Mitochondrial Function\*

30 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



General Health

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin B-12 (as Methylcobalamin)	1,000 mcg	41,667%
PQQ (Pyrroloquinoline Quinone) (as PQQ disodium salt)	20 mg	†
Acetyl-L-Carnitine (from Acetyl-L-Carnitine HCl)	200 mg	†
Coenzyme Q10 (CoQ10)	30 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.