

**Suggested Usage:** Take 1 tablet 1 to 5 times daily in separate servings. Take with food and at least 8 oz. of water or other beverage.

Potassium is an essential mineral that is widely distributed among food sources, with especially high levels present in fruits and vegetables. Potassium is critical for the maintenance of normal whole-body and cellular fluid levels, as well as for the maintenance of acid-base balance.\* It is also necessary for proper muscle contraction, the maintenance of healthy heart function, and for the transmission of nerve impulses.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking any medications (especially those that may affect kidney function or blood potassium levels), or have a medical condition (especially heart/kidney condition or diabetes). Keep out of reach of children.

Natural color variation may occur in this product.

CODE 1462B v7



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TABLET SIZE



# Potassium Gluconate

## 99 mg

Essential Mineral

- Supports Electrolyte Balance & Normal pH\*
- Proper Muscular Contraction\*
- Easier to Swallow Tablet



250 Tablets

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

## Supplement Facts

Serving Size 1 Tablet

|                                                            | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------|-----------------------|------------------|
| Potassium (elemental)<br>(from 619 mg Potassium Gluconate) | 99 mg                 | 2%               |

Other ingredients: Microcrystalline Cellulose, Stearic Acid (vegetable source), Silicon Dioxide and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

