

Suggested Usage: Take 1/4 level teaspoon 1 to 2 times daily in separate servings. Take with food and at least 8 oz. of water or other beverage.

Do not exceed 2 servings per day.

Potassium is an essential mineral that is widely distributed among food sources, with especially high levels present in fruits and vegetables. Potassium is critical for the maintenance of normal whole-body and cellular fluid levels, as well as for the maintenance of acid-base balance.* It is also necessary for proper muscle contraction, the maintenance of healthy heart function, and for the transmission of nerve impulses.* Potassium citrate is a well absorbed and highly bioavailable form of potassium.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking any medications (especially those that may affect kidney function or blood potassium levels), or have a medical condition (especially heart/kidney condition or diabetes). Keep out of reach of children.

CODE 1446 V3



Potassium Citrate Pure Powder

Essential Mineral

- Supports Electrolyte Balance and Normal pH*
- Proper Muscular Contraction*

NET WT. 12 OZ. (340 g)

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1/4 Level Teaspoon (approx. 1.4 g)
Servings Per Container about 243

	Amount Per Serving	% Daily Value
Potassium (elemental) (from 1,400 mg Potassium Citrate)	448 mg	10%

Other ingredients: None.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Packaged and quality tested in the USA.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry place after opening.

