

Swisse Wellness Pty Ltd  
Melbourne, AUSTRALIA  
To speak to a Qualified  
Swisse Healthcare Advisor  
FREECALL 1800 794 773  
swisse.com.au

Batch No.

Use by

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# MEN'S HIGH POTENCY MULTIVITAMIN

KEY NUTRIENTS TO SUPPORT HEALTHY  
STRESS RESPONSE, ENERGY PRODUCTION  
& HEALTHY MENTAL FUNCTION

BASED ON SCIENTIFIC EVIDENCE

40 FILM COATED TABLETS  
ONE-A-DAY



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**SWISSE ULTIVITE MEN'S HIGH POTENCY MULTIVITAMIN** is a premium quality formula containing 30 vitamins, minerals, antioxidants and herbs tailored specifically for men in a high strength dose.

**Energy Production:** Contains a high strength dose of B group vitamins to support energy production and vitality. Folic acid, niacin, vitamins B2, B5, B6 and B12 help relieve tiredness and fatigue.

**Support During Stress:** The body may have an increased need for B group vitamins during periods of nervous tension and stress. Vitamins B6 and B12, biotin, niacin, thiamine and riboflavin help maintain nervous system health to support a healthy stress response in the body.

**Mental & Cognitive Function:** Vitamin B5 and zinc support healthy mental and cognitive function.

#### DIRECTIONS FOR USE – ADULT DOSAGE:

**WARNINGS:** If you are pregnant, or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist. When taken in excess of 3000 µg/RE, vitamin A can cause birth defects.

The recommended daily amount of vitamin A from all sources is 700 µg/RE for women and 900 µg/RE for men.

Stop taking this medication if you experience tingling, burning or numbness and see your healthcare practitioner as soon as possible. (Contains vitamin B6). This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adults of selenium from dietary supplements should not be exceeded. Not for the treatment of iron deficiency conditions. Vitamin and mineral supplements should not replace a balanced diet. If symptoms persist, talk to your health professional. Store below 30°C in a cool, dry place. Do not use if cap seal is broken.

One tablet daily with food, or as directed by a healthcare professional.

#### EACH FILM COATED TABLET CONTAINS:

**Biotin** 100 µg; **Choline** (from choline bitartrate) 49.51 mg; **Folic Acid** 500 µg; **Nicotinamide** 240 mg; **Vitamin A** (retinol acetate) 750 µg/RE; **Vitamin B1** (thiamine from thiamine hydrochloride) 120 mg; **Vitamin B2** (riboflavin) 120 mg; **Vitamin B5** (panthothenic acid from calcium pantothenate) 120 mg; **Vitamin B6** (pyridoxine from pyridoxine hydrochloride) 50 mg; **Vitamin B12** (cyanocobalamin) 240 µg; **Vitamin D3** (colecalciferol) 25 µg; **Vitamin E** (d-alpha-tocopheryl acid succinate) 41.33 mg; **Vitamin K** (Phytomeradione) 50 µg; **Chromium** (from chromium picolinate) 3.98 µg; **Copper** (from copper gluconate) 140 µg; **Iodine** (from potassium iodide) 76.45 µg; **Iron** (from ferrous fumarate) 5 mg; **Manganese** (from manganese amino acid chelate) 1 mg; **Molybdenum** (from molybdenum trioxide) 100 µg; **Selenium** (from selenomethionine) 50.7 µg; **Zinc** (from zinc amino acid chelate) 8 mg; **Inositol** 50 mg; **Lysine** (from lysine hydrochloride) 50 mg; **Taurine** 75 mg; **Grape Seed** (Vitis vinifera extract) 8.33 mg equiv. dry seed 624.75 mg (min.) (standardised to contain procyanidins [of Vitis vinifera] 7.91 mg); **Japanese Knotweed** (Reynoutria japonica extract 20 mg) equiv. dry root 1.8 g (min.) (standardised to contain resveratrol [of Reynoutria japonica] 10 mg); **Saw Palmetto** (Serenoa repens extract 37.5 mg) equiv. dry fruit 150 mg (min.) (standardised to contain fatty acids 9.38 mg); **Spearmint Oil** 2 mg; **Tribulus** (Tribulus terrestris extract 30 mg) equiv. dry fruit 1.35 g (min.) (standardised to contain furostanol saponins calculated as protodioscin [of Tribulus terrestris] 12 mg); **Tribulus** (Tribulus terrestris extract 30 mg) equiv. dry root 1.35 g (min.) (standardised to contain furostanol saponins calculated as protodioscin [of Tribulus terrestris] 12 mg); **Note:** µg = micrograms. Contains soya beans.

No added lactose, gluten, yeast, egg or artificial flavours. Please recycle.