



Eye Health¹



Foundational



Healthy Aging²

SUGGESTED USE: Take 4-8 capsules daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE



MANUFACTURED IN THE USA
USING US & IMPORTED INGREDIENTS

¹This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolate Acid, Glucosamine Salt (Quatrofolate®). Quatrofolate is a registered trademark of Gnosis S.p.A. ^{††}This product uses Albion's DimaCal® DiCalcium Malate. DimaCal is a registered trademark of Albion International, Inc. ^{†††}This product uses Albion® DiMagnesium Malate. Albion is a registered trademark of Albion International, Inc. ^{††††}This product uses Albion's TRAACS® Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, and Zinc Bisglycinate Chelate. TRAACS is a registered trademark of Albion International, Inc. ^{†††††}This product uses Indena S.p.A.'s Silyberry extract (MitoSelect®). MitoSelect is a registered trademark of Indena S.p.A. ^{††††††}This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc.

²This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THORNE®

Advanced Nutrients

DIETARY SUPPLEMENT

240
CAPSULES

SUPPLEMENT FACTS

Serving Size: Eight Capsules
Servings Per Container: 30

Eight Capsules Contain:	%DV	Eight Capsules Contain:	%DV
Vitamin A (375 mcg from Beta Carotene and 750 mcg as Palmitate)	1,125 mcg 125%	Zinc (as TRAACS® Zinc Bisglycinate Chelate)†††† 15 mg	130%
Vitamin C (as Ascorbic Acid)	850 mg 944%	Selenium (as L-Selenomethionine)	200 mcg 364%
Vitamin D (as Vitamin D3) (2,000 IU)	50 mcg 250%	Copper (as TRAACS® Copper Bisglycinate Chelate)†††††	1.5 mg 167%
Vitamin E (200 IU as d-Alpha Tocopherol from Mixed Tocopherols)	134 mcg 889%	Manganese (as TRAACS® Manganese Bisglycinate Chelate)†††††	6 mg 261%
Vitamin K (50 mcg as Vitamin K1 and 50 mcg as Vitamin K2 as MK-7)	100 mcg 83%	Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)†††††	200 mcg 571%
Thiamin (as Thiamin HCl)	40 mg 3,333%	Quercetin Phytosome (Sophora japonica extract (flower) / Phospholipid complex from Sunflower)	100 mg *
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	10 mg 769%	Silyberry extract (fruit) (Vaccinium myrtillus)†††††	60 mg *
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg 588%	Mitomaxide Riboside Hydrogen Maleate	45 mg *
Folate (1 mg as L-5-Methyltetrahydrofolate)† from L-5-Methyltetrahydrofolate Acid, Glucosamine Salt	1.7 mg DFE 425%	Trans-Resveratrol	25 mg *
Vitamin B12 (as Methylcobalamin)	450 mcg 14,760%	Mixed Carotenoids (1 mg as Lutein, 1 mg as Astaxanthin, 1 mg as Zeaxanthin, and 1 mg as Lycopene)	4 mg *
Biotin	400 mcg 1,333%	Boron (as Bororganic™ Boron Glycinate Complex)†††††††	3 mg *
Pantothenic Acid (as Calcium Pantothenate)	450 mg 9,000%		
Choline (as Choline Citrate)	35 mg 8%		
Calcium (as DimaCal® DiCalcium Malate)††	250 mg 19%		
Iodine (as Potassium Iodide)	225 mcg 150%		
Magnesium (as Albion® DiMagnesium Malate)†††	250 mg 60%		

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Lactate, Silicon Dioxide.

WARNING FOR CALIFORNIA RESIDENTS ONLY: Consuming this product can expose you to chemicals, including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

manufactured by: THORNE RESEARCH, INC., 1-800-328-1966

VIA
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