

Suggested Usage: Take 1 capsule 1 to 3 times daily, preferably with food.

NOW® Phosphatidyl Serine is a phospholipid compound derived from soy lecithin that plays an essential role in cell membrane composition and intercellular communication.* Phosphatidyl serine is a major structural component of neural membranes where it assists in the conduction of electrical impulses and facilitates the activity of neurotransmitters involved in learning, memory, and mood.* These properties make NOW® Phosphatidyl Serine an ideal supplement for the support of cognitive function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 2381 V10



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CAPSULE SIZE



Phosphatidyl Serine

100 mg

Cognitive Health*

- Supports Memory and Brain Function*
- Promotes Intercellular Communication*

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	%Daily Value
Choline (from Choline Bitartrate)	100 mg	18%
Phosphatidyl Serine	100 mg	†
Inositol	50 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Hypromellose (cellulose capsule), Silicon Dioxide and Magnesium Stearate (vegetable source).

Contains soy (phosphatidyl serine).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

