Suggested Usage: Take 2 capsules with or before each meal.

NOW® Optimal Digestive System offers a blend of enzymes that will aid in the digestion of most foods, including beans and cruciferous vegetables.* The vegetarian enzymes in this product have been tested in a controlled laboratory study using a digestive model by the Netherlands Organization for Applied Scientific Research to demonstrate their activity throughout the entire pH range of the digestive system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

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Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Natural color variation may occur in this product.

CODE 2958 V7





Optimal Digestive System

Full Spectrum Enzymes

- Maximum Food Utilization*
- Also helps Bean and Cabbage Digestion*



90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Digestive

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

Amount Per Serving	
BioCore Optimum™	200 mg**
Amylase (from Aspergillus oryzae)	7,000 DU**
Protease (from Aspergillus oryzae)	42,000 HUT**
Protease (from Aspergillus oryzae)	8,000 PC**
Protease (from Aspergillus oryzae)	4 AP*
Protease (from Aspergillus niger)	100 SAPU**
Glucoamylase (from Aspergillus niger)	10 AGU*
Invertase (from Saccharomyces cerevisiae)	800 SU*
Diastase (from Aspergillus oryzae)	3,000 DP**
Lipase (from Candida rugosa, Aspergillus	1,000 FIP*
niger and Rhizopus oryzae)	
Alpha-galactosidase (from A. niger) (300 GalU)	30 mg*

Other ingredients: Rice Bran, Hypromellose (cellulose capsule), Rice Maltodextrin and Silicon Dioxide.

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

 $\mathsf{Bio}\mathsf{Core}\ \mathsf{Optimum}^{\mathsf{m}}$ is a trademark of National Enzyme Company.

** Daily Value not established

