



# melatonin

1 mg

specialty  
240 tablets  
dietary supplement

sleep<sup>v</sup>  
antioxidant<sup>v</sup>

gluten  
free

dairy  
free

soy  
free

nut  
free

actual  
size



## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Melatonin	1 mg	*

\* Daily Value not established.

**Other ingredients:** Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, croscarmellose sodium, purified water, hydroxypropyl methylcellulose, polyethylene glycol.

**Does not contain:** Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

**v** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) tablet daily, prior to bedtime as needed, or as directed.

**WARNING:** Consult your physician prior to use if you are pregnant, nursing or being treated for depression. Do not drive or operate heavy machinery while using this product. Not intended for children under 12.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

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VS-1639  
1307349

