

OVER 50 YEARS OF EXPERTISE



Nature Made®

GUMMIES

Multi + Omega-3 For Him



Key nutrients help support:
Muscle Health†
Immune Health†
Energy Metabolism**

Heart-healthy Omega-3s†

Dietary Supplement
80 GUMMIES



STRAWBERRY, LEMON & ORANGE
 with other natural flavors

Supplement Facts

Serving Size 2 Gummies
 Servings Per Container 40

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 5 g	2%**
Total Sugars 4 g	*
Includes 4 g Added Sugars	8%**
Vitamin A (as Retinyl Acetate) 450 mcg	50%
Vitamin C (as Ascorbic Acid) 67.5 mg	75%
Vitamin D ₃ (as Cholecalciferol) 25 mcg (1000 IU)	125%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 15 mg	100%
Niacin (as Niacinamide) 16 mg	100%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 1.3 mg	76%
Folate 400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B ₁₂ (as Cyanocobalamin) 6 mcg	250%
Biotin 30 mcg	100%
Zinc (as Zinc Citrate) 5.5 mg	50%
Chromium (as Chromium Chloride) 35 mcg	100%
Sodium 10 mg	1%
Fish Oil 227 mg	*
Total EPA & DHA 60 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 50 mg	*
Omega-3 EPA (Eicosapentaenoic Acid) 10 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Colors Derived from Natural Sources
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

SUGGESTED USE:

Adults, chew 2 gummies daily.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you are taking medication or have blood clotting issues, consult your physician before use.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Citric Acid, Pectin, Natural Flavors, Lactic Acid, Calcium Lactate, Colors Added (Including Carmine), Tocopherols.

DISTRIBUTED BY:

Nature Made Nutritional Products
 West Hills, CA 91309-9903, USA
 1-800-276-2878
www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. www.uspverified.org

Lot:
Exp.:

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

★Helps convert food into cellular energy†

