

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*

Nature Made

GUMMIES

Melatonin

EXTRA STRENGTH

5 mg



100% Drug Free

Helps you fall asleep faster
& supports restful sleep†

Dietary Supplement
84 ~~70~~ GUMMIES

20%
MORE

SUGGESTED USE: Adults, chew 1 gummy one hour before bedtime. Do not exceed 2 gummies daily.

Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 84

Amount Per Gummy	% Daily Value
Calories 10	
Total Carbohydrate 2 g	1%**
Total Sugars 1 g	*
Includes 1 g Added Sugars	3%**
Melatonin 5 mg	*

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Glucose Syrup, Sugar, Water, Gelatin, Pectin, Citric Acid, Malic Acid, Palm Oil, Natural Flavors, Carnauba Wax, Colors Added (Including Carmine).

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency, and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org

★ Based on a survey of pharmacists who recommend branded vitamins and supplements.

- ✓ No Artificial Flavors - Natural Fruit Flavors
- ✓ No Synthetic Dyes - Color Derived from Natural Source
- ✓ No High Fructose Corn Syrup
- ✓ No Artificial Sweeteners
- ✓ Gluten Free

WARNING: Do not use this product, unless advised by a physician, if you are pregnant, attempting to become pregnant, nursing, taking any medications, or have any chronic medical conditions. Do not drive or operate machinery within eight hours of taking this product or if you feel groggy. For occasional sleeplessness only; consult your physician if you continue to experience sleep difficulties or for use beyond two months. Not intended for individuals under the age of 18 years.

DREAMY STRAWBERRY
with other natural flavors

Lot:
Exp:



†This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.