

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND*



Magnesium

L-Threonate
with Vitamins C & D3

CLINICALLY
STUDIED
C + D3 + Magtein®

Helps support
healthy cognitive
function, including
short-term memory^{††}

90 CAPSULES

Magnesium
helps support muscle
relaxation, nerve, heart
and bone health[†]

Dietary Supplement

†Some adults experience mild memory loss with aging

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 3 capsules daily with water and a meal.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories 10	
Total Carbohydrate 3 g	1%*
Vitamin C (as Ascorbic Acid) 60 mg	67%
Vitamin D3 (as Cholecalciferol) 10 mcg (400 IU)	50%
Magnesium (as Magnesium L-Threonate) 130 mg	31%

*Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Cellulose Gel, Hypromellose, Silicon Dioxide, Magnesium Stearate.

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

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★Based on a survey of pharmacists who recommend branded vitamins and supplements.

✓ No Artificial Flavors
✓ Gluten Free

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if seal under cap is broken or missing.

CAUTION: If you have kidney disease, are taking any medications, or using beyond 3 months, consult your physician before use.



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