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PHARMACIST RECOMMENDED

VITAMIN &
SUPPLEMENT
BRAND*



Magnesium Complex

with D3 & Zinc

Vitamin D3 & Zinc support a healthy immune system†

60 CAPSULES

4-in-1 Magnesium blend supports muscle relaxation, heart, nerve & bone health†

Dietary Supplement

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE: Adults, take 2 capsules daily with water and a meal. Store tightly closed, in a cool, dry place, out of reach of children. Do not use if seal under cap is broken or missing.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

| Amount Per Serving | % Daily Value |
|--|---------------|
| Total Carbohydrate less than 1 g | <1%* |
| Vitamin D3 30 mcg (1200 IU) (as Cholecalciferol) | 150% |
| Magnesium 230 mg (as Magnesium Oxide, Magnesium Citrate, Magnesium Glycinate & Magnesium Malate) | 55% |
| Zinc 10.5 mg (as Zinc Citrate & Zinc Ascorbate) | 95% |

*Percent Daily Values are based on a 2,000 calorie diet.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ Gluten Free

CAUTION: If you have kidney disease or are taking any medication, consult your physician before use.

OTHER INGREDIENTS: Rice Flour, Hypromellose, Palm Oil.

DISTRIBUTED BY: Nature Made Nutritional Products
West Hills, CA 91309-9903, USA 1-800-276-2878 • www.NatureMade.com

Encapsulated and quality tested in the USA. Made to our guaranteed purity and potency standards.

★Based on a survey of pharmacists who recommend branded vitamins and supplements.

Lot:
Exp.:

