

PLANETARY™
HERBALS

FULL SPECTRUM™

NOPAL CACTUS

PRICKLY PEAR CACTUS

1,000 MG • 60 TABLETS

HERBAL SUPPLEMENT

Approved by
Michael Tierra L.Ac., O.M.D.

Michael Tierra

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Calcium	27 mg	2%
Prickly Pear Leaf	1 g	†

†Daily Value not established.

Other ingredients: silicified microcrystalline cellulose, dibasic calcium phosphate, stearic acid, colloidal silicon dioxide, and modified cellulose gum.

Suggested Use: 1 tablet daily with a meal. Take with a full 8 ounces of water or liquid.

CAUTION: Do not use if you are pregnant, may become pregnant, or breastfeeding. If you are taking hypoglycemic drugs for diabetes consult your physician before using this product.

STORE IN A COOL, DRY PLACE.

For centuries, nopal (*Opuntia* spp.) the Mexican prickly pear cactus, has been consumed as a source of food and health. Clinical research suggests that nopal helps support healthy glucose balance when consumed with meals as a regular part of a healthy diet. By aiding the cells in absorbing blood sugar for energy, **FULL SPECTRUM™ NOPAL CACTUS** aids the body in energy production and sugar balance.*

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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