

**Suggested Usage:** Take 1 capsule daily with a meal.

Vitamin K is well known for its role in the synthesis of a number of blood coagulation factors and is also important for the formation of strong, healthy bones.\* MenaQ7® MK-7 is a unique soy-free, bioavailable form of vitamin K<sub>2</sub> that plays a critical role in arterial health through its ability to support proper calcium metabolism in blood vessels and arteries.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication (especially anti-coagulant drugs such as warfarin, Coumadin®, heparin), or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

*This bottle is made from 100% PCR (post-consumer recycled) resin.*

CAPSULE SIZE



CODE 0995 V1



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# MK-7 Vitamin K-2 Extra Strength - 300 mcg

Supports Bone Health\*

Cardiovascular Support\*

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

MenaQ7

Non-GMO

Vitamins

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

Vitamin K <sub>2</sub>	300 mcg**
(as Menaquinone-7) (MK-7) (MenaQ7®)	
(from chickpea)	

\*\* Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), Silicon Dioxide and MCT (medium-chain triglycerides).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.

This extra strength product has three times the vitamin K<sub>2</sub> (300 mcg) as in our regular strength product (100 mcg).

Store in a cool, dry place after opening.