



magnesium complex a.m.

500mg

mineral
100 tablets
dietary supplement

bones[▼]
teeth[▼]

gluten
free

dairy
free

soy
free

nut
free

actual size

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 50

	Amount Per Serving	% Daily Value
Calcium (as dicalcium phosphate)	75 mg	8%
Phosphorus (as dicalcium phosphate)	58 mg	6%
Magnesium (as magnesium oxide, citrate, microcrystalline hydroxyapatite)	500 mg	125%

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take two (2) tablets twice daily, preferably with breakfast and lunch.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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