

SUGGESTED USE: As a dietary supplement take one (1) capsule 1-2 times a day.

For best results take with food or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT THE REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

VEGATOT

BRAIN HEALTH COMPLEX

Co Q10, VITAMIN B6, BACOPA
LION'S MANE, GINKGO BILOBA
LEMON BALM, PANAX GINSENG

Focus & Memory*

Energy & Stamina*

Cardiovascular Support*

90 CAPSULES | DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving size: 1 capsule

Servings per container: 90

	Amount per serving	%DV
Coenzyme Q10	100 mg	**
Vitamin B6 (as Pyridoxine HCL)	2 mg	117%
Lion's Mane 20:1 extract *(Equivalent to 4,000mg Lion's Mane Powder)	200 mg	**
Ginkgo Biloba 10:1 extract *(Equivalent to 500mg Ginkgo Biloba Powder)	50 mg	**
Bacopa 10:1 extract *(Equivalent to 500mg Bacopa Powder)	50 mg	**
Lemon Balm 10:1 extract *(Equivalent to 300mg Lemon Balm Powder)	30 mg	**
Panax Ginseng 10:1 extract *(Equivalent to 300mg Panax Ginseng Powder)	30 mg	**
Ashwagandha Root 10:1 extract *(Equivalent to 300mg Ashwagandha Root Powder)	30 mg	**
Black Pepper 10:1 extract (fruit) *(Equivalent to 100mg Black Pepper Powder)	10 mg	**

** Daily Value (DV) not established

Other Ingredients: Cellulose (Vegetable capsule)

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