

KEEP OUT OF REACH OF
CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548
GNC.com

GNC
SELECT™



Omega 3-6-9

Supports heart, brain, skin, eye and joint health*



LEMON
Natural Flavor

120 SOFTGELS/40-DAY SUPPLY • DIETARY SUPPLEMENT

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 764624

DIRECTIONS: As a dietary supplement, take three (3) softgels daily.

DYG

Supplement Facts

Serving Size Three Softgel Capsules/Servings Per Container 40

Amount Per Serving		% Daily Value
Calories	30	
Total Fat	3 g	4%†
Vitamin E (as d-alpha Tocopherol)	20.1 mg	134%
LA (Linoleic Acid) Omega-6	463 mg	*
ALA (alpha-Linolenic Acid) Omega-3	378 mg	*
Oleic Acid Omega-9	455 mg	*
EPA (Eicosapentaenoic Acid) Omega-3	180 mg	*
GLA (gamma-Linolenic Acid) Omega-6	180 mg	*
DHA (Docosahexaenoic Acid) Omega-3	120 mg	*
Lipase	15 mg	*

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Borage Oil, Gelatin, Flax Seed Oil, Canola Oil, Fish Body Oil, Glycerin, Yellow Beeswax, Purified Water, Safflower Oil, Natural Lemon Flavor, Soy Lecithin, Caramel Color, Rosemary Leaf Extract (*Rosmarinus officinalis*), Maltodextrins.

CONTAINS: Wheat, Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Whiting, Pollock, Salmon, Tuna, Cod or a Combination Thereof).

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugars, No Artificial Flavors.