Herbadiet Ashwagandha is a high potency standardized water soluble extract. This full spectrum extract retains all the active constituents in nature intended balanced ratio. Encapsulating this goodness in our quick release, easy to swallow vegan capsules, guarantees you a premium quality nutritional supplement



100% NATURAL

- ✓ Helps Relieve Anxiety & Stress¹
- ✓ Natural Adaptogen¹
- ✓ Natural Mood Support¹

† These statements have not been evaluated by FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN, STORE IN A DRY PLACE.
DO NOT USE IF SEAL UNDER THE CAP IS BROKEN OR MISSING

Dietary supplement shouldn't be used as a substitute for a varied diet

Batch No: ARK/C/255
Mfg. Date 3 See bottom
Exp. Date 3 of the bottle

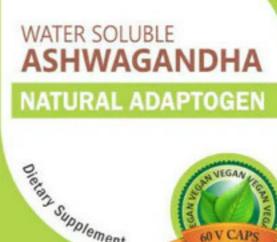
CAUTION: If you are pregnant, breast feeding, or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

NOT FOR MEDICINAL USE









DIRECTIONS FOR USE: As a dietary supplement, take 1 capsule, twice a day, or as directed by your physician

SUPPLEMENT FACTS

Serving Size: 1 Capsule

Serving per container: 60

Amount Per Serving

Ashwagandha Root Extract Powder (Withania Somnifera) 400 mg (Standardized to contain min 0.5% Withanolides)

FREE FILLERS, BINDERS, ARTIFICIAL INGREDIENTS, DAIRY, SOY, WHEAT, GLUTEN, YEAST

Suitable For Vegetarians And Vegans
CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS

DISTRIBUTED BY:

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www.herbadiet.in