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7

Other ingredients: Cellulose, stearic acid and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Manufactured by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)  
1.800.245.4440

This product contains NO yeast, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:** As a dietary supplement, adults take 8 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.  
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35%-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #200569

# Ultra Preventive® X

A Low Allergenicity  
Dietary Supplement



240 Tablets

## Supplement Facts

Serving Size 8 Tablets • Servings Per Container 30

| Amount Per Serving                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | %DV             | Amount Per Serving | %DV |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------------------|-----|
| <b>Vitamin A (33% as Vitamin A Palmitate [5,000 IU/67% [10,000 IU] as Natural Beta-Carotene) from</b>                                                                                                                                                                                                                                                                                                                                                                                                                                          |                 |                    |     |
| D. Salina with full spectrum carotenoids††                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 15,000 IU       | 300%               |     |
| <b>Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/Calcium and Magnesium Ascorbate complex)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                 |                    |     |
| 1,400 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 2,333%          |                    |     |
| <b>Vitamin D-3</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                 |                    |     |
| 1,000 IU                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 250%            |                    |     |
| <b>Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                    |     |
| 400 IU                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 1,333%          |                    |     |
| Thiamine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 100 mg          | 6,667%             |     |
| Riboflavin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 50 mg           | 2,941%             |     |
| Niacin/Niacinamide                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 190 mg          | 950%               |     |
| <b>Vitamin B-6 (as Pyridoxine HCl)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                 |                    |     |
| Pyridoxal-5-Phosphate Complex                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 100 mg          | 5,000%             |     |
| Folate (as L-methylfolate, Metafolin®)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 800 mcg         | 200%               |     |
| Vitamin B-12 (methylcobalamin)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 250 mcg         | 4,167%             |     |
| Biotin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 300 mcg         | 100%               |     |
| Pantothenic Acid (as d-Calcium Pantothenate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 500 mg          | 5,000%             |     |
| Calcium (as Calcium Citrate/Ascorbate/Carbonate Complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 500 mg          | 50%                |     |
| Iodine (from Kelp)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 200 mcg         | 133%               |     |
| Magnesium (as Magnesium Aspartate/Ascorbate/Oxide Complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 500 mg          | 125%               |     |
| Zinc (as Zinc Amino Acid Chelate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 25 mg           | 167%               |     |
| Selenium (as Selenium Krebs†/Kelp complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 200 mcg         | 286%               |     |
| Copper (as Copper Amino Acid Chelate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 2 mg            | 100%               |     |
| Manganese (as Manganese Aspartate/Sulfate Complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 10 mg           | 500%               |     |
| <b>Chromium (Organically bound with GTF activity-low allergenicity)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                 |                    |     |
| 200 mcg                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 167%            |                    |     |
| <b>Molybdenum (as Molybdenum Krebs†)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                 |                    |     |
| 100 mcg                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 133%            |                    |     |
| Potassium (as Potassium Aspartate/Chloride Complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 99 mg           | 2%                 |     |
| <b>Lutein (natural)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                 |                    |     |
| 6 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | *               |                    |     |
| <b>Lycopene (natural)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                 |                    |     |
| 6 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | *               |                    |     |
| <b>Zeaxanthin</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                 |                    |     |
| 1 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | *               |                    |     |
| <b>Other Minerals, Nutrients and Trace Elements</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                 |                    |     |
| Inositol                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 100 mg          | *                  |     |
| Trace Elements (from Sea Vegetation)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | approx. 100 mcg | *                  |     |
| Choline (from 150 mg Choline Citrate/Bitartrate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 60 mg           | *                  |     |
| PABA (para-aminobenzoic acid)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 50 mg           | *                  |     |
| Boron (as Boron Aspartate/Citrate complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 1.5 mg          | *                  |     |
| Vanadium (as Vanadium Krebs†)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 50 mcg          | *                  |     |
| <b>Amino Acids and Enzymes</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                 |                    |     |
| L-Cysteine/N-Acetyl L-Cysteine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 150 mg          | *                  |     |
| Betaine (from 150 mg Betaine HCl)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 114 mg          | *                  |     |
| Bromelain (2,000 GDU/g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 50 mg           | *                  |     |
| Glutamic Acid (from 25 mg Glutamic Acid HCl)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 20 mg           | *                  |     |
| L-Methionine                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 12.5 mg         | *                  |     |
| <b>Bioflavonoids and Proanthocyanidins</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                 |                    |     |
| Rose Hips                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 100 mg          | *                  |     |
| Lemon Bioflavonoids                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 100 mg          | *                  |     |
| Red Wine Proanthocyanidins/Pine Bark Extract                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 50 mg           | *                  |     |
| Hesperidin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 35 mg           | *                  |     |
| Rutin                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 25 mg           | *                  |     |
| <b>Vegetables Fruits and Herbs</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                 |                    |     |
| Proprietary Organic Fruit and Vegetable Blend                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 700 mg          | *                  |     |
| Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant), Garlic (bulb) | 100 mg          | *                  |     |
| Cauliflower (entire plant)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 100 mg          | *                  |     |
| Spirulina                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 100 mg          | *                  |     |
| Chlorella (broken cell wall)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 100 mg          | *                  |     |
| Green Papaya Extract (fruit)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 100 mg          | *                  |     |
| Blackberry (fruit)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 80 mg           | *                  |     |
| Celery powder (leaf)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 70 mg           | *                  |     |
| Black radish powder (root)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 70 mg           | *                  |     |
| Apricot powder (fruit)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 70 mg           | *                  |     |
| Green Tea Extract (leaf)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 50 mg           | *                  |     |
| Apple Pectin (fruit)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 50 mg           | *                  |     |

\*Daily Value not established.