

Suggested Usage: Take 2 capsules daily, preferably in divided doses, with food.

NOW® Cal-Mag Caps contain the minerals that are essential for bone health.* In addition to calcium and magnesium, Cal-Mag Caps provide chelated, highly absorbable forms of zinc, copper and manganese, three trace minerals known to support healthy bone metabolism.* Vitamins D and K have also been included to support calcium metabolism.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.; Aquamin® is a registered trademark of Marigot Limited.

CAPSULE SIZE

CODE 1265CT VT1



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Improved
Formula

Cal-Mag Caps

Supports Bone Health*

With Vitamin D and
Supporting Minerals

120 Veg Capsules

A Dietary Supplement



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules

Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol)	25 mcg (1,000 IU)	125%
Calcium (elemental) (from 1,480 mg complex of Calcium Carbonate, Aquamin® Seaweed Derived Minerals, Calcium Citrate)	500 mg	38%
Magnesium (elemental) (from 489 mg complex of Magnesium Oxide, Citrate, Malate)	250 mg	60%
Zinc (elemental) (from 37.5 mg Zinc Glycinate)	7.5 mg	68%
Copper (elemental) (from 5 mg Copper Glycinate)	0.5 mg	56%
Manganese (elemental) (from 16 mg Manganese Amino Acid Chelate)	2.5 mg	109%
Organic Kelp (<i>Laminaria spp.</i>) (Whole Plant)	25 mg	†
Vitamin K ₂ (as Menaquinone-7) (MK-7) (MenaQ7®)	4 mcg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Hydroxypropyl Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.