

Suggested Usage: Take 2 tablets daily with food.
Can be taken in divided doses.

Cal-Mag Stress Formula is a mix of calcium, magnesium, vitamin C, and a full range of B-vitamins which aid in the production of energy.* Vitamin C, in addition to its function as an antioxidant, helps to support a normal adrenal response.* This product also provides the daily recommended levels of calcium and magnesium, both of which are necessary for skeletal health.* All together NOW® Cal-Mag Stress Formula has essential minerals and nutrients required for optimal daily functioning.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. This product contains Biotin which may interfere with some blood test results.
Go to nowfoods.com/biotinlab for details.

Natural color variation may occur in this product.

Store in a cool, dry place
after opening.



CODE 1275D V9



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Cal-Mag

Stress Formula*

With B-Complex
and Vitamin C

100 Tablets

A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 2 Tablets Servings Per Container 50

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid and from Magnesium Ascorbate and Calcium Ascorbate)	360 mg	400%
Thiamin (Vitamin B-1) (from Thiamin HCl)	10 mg	833%
Riboflavin (Vitamin B-2)	5 mg	385%
Niacin (Vitamin B-3) (as Niacinamide)	40 mg	250%
Vitamin B-6 (from Pyridoxine HCl)	5 mg	294%
Folate	1,360 mcg DFE (800 mcg folic acid)	340%
Vitamin B-12 (as Cyanocobalamin)	20 mcg	833%
Biotin	300 mcg	1000%
Pantothenic Acid (Vit. B-5) (from Calcium Pantothenate)	20 mg	400%
Choline (from Choline Bitartrate)	20 mg	4%
Calcium (elemental) (from Calcium Carbonate, Calcium Citrate, Calcium Ascorbate)	1 g (1,000 mg)	77%
Magnesium (elemental) (from Magnesium Oxide, Magnesium Citrate, Magnesium Ascorbate)	500 mg	119%
Inositol	20 mg	†
PABA (Para-Aminobenzoic Acid)	10 mg	†

† Daily Value not established.

Other ingredients: Hydroxypropyl Cellulose, Vegetarian Coating, Stearic Acid (vegetable source), Croscarmellose Sodium, Silicon Dioxide and Magnesium Stearate (vegetable source).

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Made and quality tested in the USA with globally sourced ingredients.