

Suggested Usage: Take 2 softgels daily with food.

NOW® Calcium & Magnesium Softgels include vitamin D-3 and zinc, offering a truly balanced blend of essential minerals. This formula supports strong bones and teeth, as well as healthy enzymatic activity.* Delivered via softgel, this formula is more easily absorbed and assimilated than capsules or tablets.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This bottle is made from 100% PCR (post-consumer recycled) resin.

SOFTGEL SIZE

CODE 1251C V11



Calcium & Magnesium Softgels

Supports Bone Health*

With Vitamin D-3 and Zinc

120 Softgels

A Dietary Supplement



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 2 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin D (as D ₃ Cholecalciferol) (from Lanolin)	10 mcg (400 IU)	50%
Calcium (elemental) (from 1,797 mg complex of Calcium Carbonate and Citrate)	667 mg	51%
Magnesium (elemental) (from 590 mg complex of Magnesium Oxide and Citrate)	333 mg	79%
Zinc (elemental) (from 41 mg Zinc Oxide)	25 mg	227%

Other ingredients: Rice Bran Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, zinc oxide], Sunflower Lecithin and Beeswax.

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

