

Suggested Usage: Take 1 capsule daily.

Vitamin C is a water soluble nutrient well known for its vital role in the immune system.* Vitamin C is also necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health.* Vitamin C is needed for amino acid metabolism, neurotransmitter synthesis, and the utilization of many nutrients, such as folic acid and iron.* It is also a highly effective antioxidant that can help maintain healthy tissues by neutralizing free radicals generated during normal metabolism and exposure to environmental stressors.* This product includes bioflavonoids, which work synergistically to support vitamin C utilization.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CAPSULE SIZE

CODE 0690B V12



C-1000

Immune System Support*

- Antioxidant & Collagen Support*
- With 100 mg of Bioflavonoids

100 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	1 g (1,000 mg)	1111%
Citrus Bioflavonoid Complex	100 mg	†
Rutin Powder (from <i>Sophora japonica</i> Flower Bud)	25 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product. Store in a cool, dry place after opening.

