

Suggested Usage: Take 1 capsule 1 to 3 times daily.

Magnesium is a mineral that is critical for energy production and metabolism, muscle contraction, nerve impulse transmission, and bone mineralization.* It is a required cofactor for an estimated 300 enzymes.* Among the processes that require magnesium are fat and protein production, as well as glucose metabolism.* NOW® Magnesium Transporters combines five different forms of magnesium for maximal absorption and utilization.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CAPSULE SIZE

CODE 1305C v2



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Magnesium Transporters

Nervous System Support*

- 5 Forms of Magnesium for Optimal Bioavailability
- Supports Healthy Muscle, Nerve & Heart Functions*

180 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Minerals

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Magnesium (elemental) (from Magnesium Citrate, Taurinate, Malate, Glycinate and Aspartate)	120 mg	29%

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Ascorbyl Palmitate and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

