

**Suggested Usage:** Take 4 capsules daily, preferably in divided doses, with food.

Microcrystalline Hydroxyapatite (MCHA) is a compound that normally makes up the crystalline matrix of bone and teeth and is the substance that gives them their rigidity.\* MCHA contains highly absorbable calcium and phosphorus, which are the major mineral components of bone.\* NOW® Bone Strength™ is a comprehensive bone support product with MCHA.\* It also provides magnesium and other important minerals, as well as vitamins C and D to aid in the synthesis and maintenance of bone tissue.\* NOW® Microcrystalline Hydroxyapatite (MCHA) is derived exclusively from Australian cattle.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

This bottle is made from 100% PCR  
(post-consumer recycled) resin.

CAPSULE SIZE

CODE 1229C V13



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# Bone Strength™

Supports Bone Health\*

- MCHA for Bone & Teeth Strength\*
- With Vitamins and Minerals for Comprehensive Support\*

240 Capsules

A Dietary Supplement

Minerals

Family owned since 1968.

## Supplement Facts

Serving Size 4 Capsules Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	5	
Protein	1 g	
Vitamin C (from Magnesium Ascorbate)	133 mg	148%
Vitamin D (as D <sub>3</sub> Cholecalciferol)	16.68 mcg (667 IU)	83%
Thiamin (Vitamin B <sub>1</sub> ) (from Thiamin HCl)	3 mg	250%
Calcium (from MCHA)	620 mg	48%
Phosphorus (from MCHA)	287 mg	23%
Magnesium (from Magnesium Oxide and Ascorbate)	400 mg	95%
Zinc (from Zinc Chelate Complex)	7 mg	64%
Copper (from Copper Chelate Complex)	0.7 mg	78%
Manganese (from Manganese Chelate Complex)	2 mg	87%
Horsetail Extract Complex ( <i>Equisetum arvense</i> ) (Aerial Parts)	67 mg	†
Boron (from Boron Chelate Complex)	467 mcg	†

† Daily Value not established.

Other ingredients: Bovine Gelatin (BSE-free) (capsule), Magnesium Stearate (vegetable source), Silicon Dioxide, Stearic Acid (vegetable source), Rice Flour, Glucosamine Potassium Sulfate Complex, Microcrystalline Cellulose, Citric Acid and Maltodextrin (non-GMO).

Contains shellfish (shrimp, crab).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

MCHA = Microcrystalline Hydroxyapatite (BSE-free)

