

Suggested Usage: Take 1 capsule twice daily (1 in the morning, 1 in the evening).

Black cohosh is a plant that has been historically used by Native American women. Current scientific research shows that black cohosh root may help support a healthy response to the natural changes occurring during menopause.* NOW® Black Cohosh Root also includes licorice root and dong quai, which have enjoyed widespread popularity in Asia for centuries, especially among middle aged women.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Not for pregnant/nursing women. Consult physician if taking medication or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

This bottle is made from 100% PCR (post-consumer recycled) resin.

CAPSULE SIZE

CODE 4607C v5



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Black Cohosh Root

80 mg

Menopause Support*

- Standardized Extract 2.5%
- With Licorice & Dong Quai

90 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Botanicals/Herbs

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Black Cohosh Extract (<i>Actaea racemosa</i>) (Root) [Standardized to 2.5% total Triterpene Glycosides, calculated as 27-Deoxyactein (2 mg)]	80 mg**
Licorice (<i>Glycyrrhiza glabra</i>) (Root)	125 mg**
Organic Dong Quai (<i>Angelica sinensis</i>) (Rhizome/Root)	125 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour and Stearic Acid (vegetable source).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

