

Suggested Usage: Take 2 capsules 1 to 2 times daily with 8-10 oz. of water or juice, preferably 30 minutes before meals. Be sure to consume additional fluids throughout the day. Start with smaller dosages and gradually increase over several weeks.

Apple pectin is a water soluble fiber which has a gel-forming effect when mixed with water. As a dietary fiber, apple pectin may be helpful in supporting good intestinal health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

This bottle is made from 100% PCR (post-consumer recycled) resin.



CODE 6425B v7



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CAPSULE SIZE



Apple Pectin

700 mg

Intestinal Support*

Dietary Fiber

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Digestive

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules

Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	< 1%**
Dietary Fiber	1 g	4%**
Total Sugars	< 1 g	†
Apple Pectin Powder	1.4 g (1,400 mg)	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.