

**Suggested Usage:** Take 1-2 capsules 1 to 2 times daily as needed.

Acetyl-L-Carnitine (ALC) is a modified amino acid that supports cellular energy production by assisting in the transport of fat into the mitochondria where it is converted into ATP (cellular fuel).\* ALC is a highly bioavailable form of carnitine that can cross the blood-brain barrier, where it helps to neutralize free radicals, supports mitochondrial function and helps to maintain normal neurotransmitter activity.\* Clinical studies suggest that ALC helps to maintain optimal neurological health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0076D V10



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# Acetyl-L-Carnitine

## 500 mg

Brain and Nerve Cell Function\*

- Transports Fatty Acids\*
- Boosts Cellular Energy\*

100 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

## Supplement Facts

Serving Size 2 Veg Capsules  
Servings Per Container 50

### Amount Per Serving

Acetyl-L-Carnitine	1 g (1,000 mg)**
(from 1,205 mg Acetyl-L-Carnitine HCl)	

\*\* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Stearic Acid (vegetable source) and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

