

**Suggested Usage:** Take 1 softgel daily with a meal.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Do not exceed the recommended dose. Do not use if you are pregnant, may become pregnant, or are breastfeeding. Consult physician if taking medication or have a medical condition. Keep out of reach of children.

**California Proposition 65 WARNING:** Consuming this product can expose you to chemicals including retinol, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

CODE  
0350C  
V11



# A&D

## 10,000/400

**Eye & Bone Health\***

- Vitamin A 3,000 mcg (10,000 IU)
- Vitamin D 10 mcg (400 IU)

### 100 Softgels

A Dietary Supplement



**Vitamins**

Family owned since 1968.

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate)	3,000 mcg	333%
Vitamin D (as D <sub>3</sub> Cholecalciferol) (from Lanolin)	10 mcg (400 IU)	50%

Other ingredients: Organic Extra Virgin Olive Oil and Softgel Capsule [bovine gelatin (BSE-free), glycerin, water].

Manufactured for NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Made and quality tested in the USA with globally sourced ingredients.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

**Natural color variation may occur in this product.**

Store in a cool, dry place after opening.

This bottle is made from 100% PCR (post-consumer recycled) resin.

