

SUGGESTED USE

Adults take 1 capsule 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

VEGAN
GLUTEN-FREE
SOY-FREE

Certified



Corporation



gaia
HERBS

WOMEN

Black Cohosh

Single herb extract

60

VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Organic Black Cohosh (<i>Actaea racemosa</i>) root extract	400 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, water and vegan capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each capsule contains 650 mg dry herb equivalent.



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