

Iron
Vitamin B12 & C
2-Month Supply

•
Vegan
Non-GMO
Soy-Free
Dairy-Free
Gluten-Free

•
cGMP Certified Manufacturing



FEEL DIFFERENT.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

AMEN IRON ULTRA

+ COPPER, FOLATE & VITAMINS

ADVANCED NUTRITION*

60 VEGETABLE CAPSULES

DIETARY SUPPLEMENT
CODEAGE

Suggested use: Take 1 capsule daily with 8 ounces of water or your favorite beverage. May be taken with or without food.

Supplement Facts

Serving Size: 1 Capsule

One Capsule Contains		%DV
Vitamin C (as Ascorbic Acid)	100 mg	111%
Folate (as Folic Acid)	680 mcg DFE	170%
Vitamin B12 (as Methylcobalamin)	100 mcg	4167%
Iron (as Ferrous Sulfate Monohydrate)	65 mg	361%
Copper (as Gluconate)	2 mg	222%

** Daily Value (DV) not established.

OTHER INGREDIENTS: Methylcellulose Capsule, Microcrystalline Cellulose.

Manufactured for Codeage LLC: 5628 Washington Blvd
Los Angeles, CA 90016
support@amennutrition.com • www.amennutrition.com
© Codeage LLC. All rights reserved.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Please use caution if you have allergies or sensitivities to any of the listed ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Store in a cool, dry place. Do not use if product has been opened or tampered with in any way.
Keep out of reach of children and pets.