

VITAMIN D-3 helps support healthy bones, muscles, and heart. D-3 is the body's preferred form of Vitamin D and is crucial for proper absorption of calcium and phosphorus, which helps support bone and heart health. As the body ages, the ability to absorb Vitamin D is reduced. Supplementing with Vitamin D can help increase Vitamin D levels.

SUGGESTED USE

1 capsule daily, preferably with a meal or as directed by a healthcare professional.

CAUTION

Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish, and crustacean shellfish.

Keep out of the reach of children.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

90
VEGETABLE
CAPSULES

PORTIONS
MASTER

BONE SUPPORT

D-3

VITAMIN

125 MCG
PER SERVING

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Vegetable Capsule
Servings Per Container: 90

Amount Per Serving	%Daily Value
Vitamin D (as cholecalciferol)	125 mcg 625% (5,000 IU)

Other Ingredients: Rice powder, hypromellose, microcrystalline cellulose, vegetable magnesium stearate, titanium dioxide, and silicon dioxide.

Portions Master® specializes in superior, high quality supplements that help maintain a healthy lifestyle.

Do not use if safety seal is damaged or missing. Store in a cool, dry place.



MANUFACTURED FOR & DISTRIBUTED
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