

Can't Beet This!

ENERGIZING PRE-WORKOUT*

Vegan &
Gluten-free



dietary supplement
Net Wt. 180g



Suggested Use:

Mix approximately 2-4 tsp of powder with 8-12 oz of water and drink 30 minutes pre-workout. Shake vigorously or blend. For best results, take on an empty stomach. May also be used post-workout or anytime a natural energy boost is desired by mixing approximately 2 tsp with 8 oz of water. Do not exceed 8 tsp per day. Each 2 tsp serving contains approximately 25 mg of naturally occurring caffeine.

Caution: Keep out of reach of children. Store in a cool, dry place.

Pure + Premium = Purium

Co-founders Amy Venner and Dave Sandoval are passionate about making the world a better place. With over 60 years combined experience, they provide the highest quality superfood nutrition while practicing commerce with a conscience and serving their community.

Their dedication safeguards Purium's commitment to provide pure and premium superfoods; grown, manufactured and tested to the highest standards. From farm to family, Purium delivers the finest nutrition with the lowest possible environmental impact.

*The quality of food you
eat is equal to the
quality of life you live.*

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ABOUT PURIUM



Contents packed by weight not volume. Settling may occur.

If you have a medical condition, are pregnant, lactating or taking medication, consult your health care professional before using this or any other nutritional supplement.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RD0623



COMPOSTABLE

Materials meet ASTM D6400 standards.
Committed to freeing our planet from plastic pollution!
Remove and discard the label prior to composting.

Supplement Facts

Serving size	2 tsp (6g)	4 tsp (12g)
Servings per container	Approx. 30	Approx. 15
Amount Per Serving		
Calories	20	45
	% DV*	% DV*
Total Carbohydrate	5g 2%	11g 4%
Total Sugars	1g	3g
Includes Added Sugars	0g 0%	0g 0%
Sodium	10mg < 1%	20mg 1%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Daily Values not established

Not a significant source of Cholesterol, Dietary Fiber, Calcium, Potassium, Vitamin D, or Iron.

Can't Beet This! Proprietary Blend 6g † 12g †

Organic Beet Root, Organic Rice Syrup Solids, Organic Lemon Juice Powder, Organic Coconut Water Powder, Organic Pomegranate, Organic Beet Root Juice Powder, Organic Rice Fiber, Organic Maca Root, L-Malic Acid, Organic Luo Han Guo Extract, Organic Cordyceps Mushroom, Organic Panax Ginseng Root, Organic Eleuthero Root, Organic Green Yerba Mate, Organic Rhodiola Extract, Organic Moringa Oleifera Leaf, Organic Guar Gum, Organic Natural Flavors (Orange, Guava, Passion Fruit), Organic Coffeeberry® Whole Coffee Fruit Extract.

Contains: Tree Nuts (Coconut).

Coffeeberry® is a registered trademark of VDF FutureCeuticals, Inc.

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Can't Beet This! is Certified Organic by QAI.