

**SUGGESTED USE:** 1 capsule taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE**

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# MAGNESIUM BISGLYCINATE 200MG



**30 CAPSULES**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Vegetable Capsule  
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Magnesium (as magnesium bisglycinate chelate buffered - magnesium bisglycinate and magnesium oxide)(Albion)®	200 mg	48%

\*Daily Value not established.

**Other ingredients:** Hydroxypropyl methylcellulose, vegetable magnesium stearate, and silicon dioxide.

Albion® and the Albion Gold Medallion design are registered trademark of Balchem Corporation or its subsidiaries.

†Contains natural/synthetic ingredients

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