



## magnesium potassium aspartate

well absorbed form of chelated  
potassium and magnesium

mineral  
100 tablets  
dietary supplement

energy  
production<sup>v</sup>

gluten  
free

dairy  
free

soy  
free

nut  
free

actual size

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Magnesium (as magnesium aspartate)	100 mg	25%
Potassium (as potassium aspartate)	99 mg	3%

**Other ingredients:** Dicalcium phosphate, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide.

**Does not contain:** Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

**v** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) to three (3) tablets daily, preferably one with each meal.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT  
Do not use if outer seal is broken or missing.

**Distributed by:**  
Vitamin Shoppe, Inc.  
Secaucus, NJ 07094  
**Visit**  
[www.vitaminshoppe.com](http://www.vitaminshoppe.com)  
or call 1-800-223-1216  
for more information  
and to reorder.



learn more at  
[vsquality.net](http://vsquality.net)

