SUGGESTED USE: 1 capsule with 8 ounces of water on an empty stomach at bedtime or as directed by a healthcare professional. For best results, avoid eating 2 hours before and after use.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

Results may vary and are not guaranteed. This product is to be taken at bedtime but is not intended as a sleep aid.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.







BEDTIMEWEIGHT LOSS

BEDTIME WEIGHT LOSS SUPPORT



30 CAPSULES

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 30

Amount Per Serving

L-Arginine (L-Arginine base)	200 mg*
L-Ornithine HCI	150 mg*
L-Lysine HCI	50 mg*
L-Glutamine	150 mg*
Colostrum Powder (bovine)	100 mg*
Ornithine Alpha-Ketoglutarate	50 mg*
L-Glycine	50 mg*
*Daily Value not established.	

Other Ingredients: Gelatin (bovine), rice flour, vegetable magnesium stearate and silicon dioxide.

ALLERGEN WARNING: CONTAINS MILK (COLOSTRUM)

†Contains natural and synthetic/artificial ingredients.

Distributed by: Rise-N-Shine, LLC 17 Woodport Road, Sparta, NJ 07871 973-729-4141 • www.rise-n-shine.com