

sleep^t

MELATONIN PLUS

Dietary Supplement 30 Capsules

48570 00832

Directions for use: Take 1 capsule 1 hour prior to bedtime. Take no more than 4 nights within a 7-day period. Use only as needed for occasional sleeplessness.

Warning: For adult use only. If you are currently taking medications that depress the central nervous system (antidepressants, anti-anxiety or antipsychotic agents), muscle relaxants, antihypertensive drugs or anticonvulsants, consult your healthcare provider before using this product. If you are currently using any other prescription drug or have an ongoing medical condition, consult your healthcare provider before using this product. If you are pregnant or breastfeeding, do not use this product. Do not mix with alcohol. Do not use when driving or operating heavy machinery.

KEEP OUT OF THE REACH OF CHILDREN. Protect from heat, light and moisture. Store at 15—30°C (59—86°F). Do not use if safety seal is broken or missing.



Resale on third-party websites is strictly prohibited unless specifically authorized by Market America or its corporate affiliates. If barcodes are altered or you purchase this product from an unauthorized third-party website, the product is not guaranteed by Market America or its corporate affiliates.

Lot#: Best when used by:

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 30

| | Amount Per Serving | % Daily Value |
|--|-----------------------|------------------|
| Valerian Extract (Valeriana officinalis) (ro | ot) 150 mg | ** |
| Hops Extract (Humulus lupulus) (flower) | 50 mg | ** |
| Melatonin | 10 mg | ** |
| L-Tryptophan | 5 mg | ** |
| L-Theanine | 5 mg | ** |

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose (capsule), magnesium stearate, silicon dioxide, purple carrot extract (colorant).

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for and distributed by: Market America, Inc., 1302 Pleasant Ridge Road, Greensboro, NC 27409